

Editorial

This is the opening issue of Chettinad Health City Medical Journal for the year 2019. There is a good assortment of articles from various specialties which is the hallmark of our Journal. The perspective article on Food as the Accelerator and the Brake of Human Progress has very valuable tips for a good eating habit. A series of a rare and interesting dermatosis, the Sneddon-Wilkinson Disease, with only about 200 cases have been reported so far. This is very educative, there is also an original article on the animal study in the use of two different culture media, namely, sequential culture media and single culture media for in-vitro embryo culture, which is a high quality research work. There are interesting case reports on the anesthetic management of two rare situations - SLE patient with multiorgan involvement with ischiorectal abscess and a redo valve replacement in a patient with endocarditis and thrombocytopenia - both of which have been managed very efficiently and successfully. there is finally a very important write up on the Nobel prize laureates in Medicine and Physiology for the year 2018, which is very informative. I am very happy to see that our Journal starts the year 2019 with several interesting articles.

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