

## Editorial

Greetings from the editorial board of Chettinad Health City Medical Journal

It gives us immense pleasure to bring out the final issue of volume 7. We take this opportunity to thank the authors and reviewers for their unceasing support. This issue has articles from various specialties, with three articles from cardiothoracic-vascular surgery. The perspective article on heart valve therapy explains about the evolution of valvular surgery in terms of advances in the procedure and the prosthetic valves used.

The efficiency of teachers for providing standard medical education plays a crucial role in moulding the future doctors. The first original article emphasises the importance of the teaching-learning methodologies in imparting competency based medical education. Medical postgraduates were evaluated on their knowledge of the Attitude and Communication (AT-COM) module which aims to strengthen the delivery of quality medical education.

The other original article is a cross sectional study to analyze the prevalence of colour vision deficiency amongst medical students. It was indeed a surprise to know that colour vision deficiency was seen in 3% of medical students involved in the study.

The review article on Borderline ovarian tumors (BOT) gives us an insight on the diagnosis, management and follow-up of BOT. The review article on Polypharmacy gives a detailed description on how polymedication can affect patient treatment and response. The article also provides suggestions on how to minimize the number of prescribed drugs.

The Pages of History article is about Dr.Nina Braunwald the first female cardiac surgeon, and the difficulties she went through to 'break the glass ceiling' during the era when men ruled the surgical specialty.

To conclude with, we have the Interview with Prof. James Tatoulis, Professor of Cardiothoracic surgery, Australia who has been a mentor for many cardiac surgeons and is an active researcher.

Hope you will find this issue to would be informative and interesting. We look forward to your feedback.

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