Editorial

Greetings from the Editorial team of Chettinad Health City Medical Journal!

We take immense pleasure in bringing out this first issue of the 6th Volume.

We would like to take this opportunity to thank all the authors and reviewers who have supported the Journal. This issue of the Chettinad Health City Medical Journal carries two original articles, three case reports, one review article and one classroom article. A number of Interns and Post-graduates are contributing and in-turn getting benefitted by learning the valuable skill early in their medical career.

Case Reports are valuable in medical literature and have spawned new techniques and thoughts in medicine. A prime example is the case report by Bentall and de Bono of a surgical technique[1]. The Eponymous Bentall-de Bono surgery is widely practiced now.

A good case report should :-
- Recognize or describe a new disease/procedure/surgery
- Recognize rare manifestation of a disease or modifications of existing procedures/ surgeries
- Elucidate new mechanisms of disease
- Describe new adverse or beneficial effects of drugs and treatments
- Education and audit

This issue deals with a wide spectrum of topics from various specialities. The original article by Dr.Puvithra asks interesting questions on pregnancy complications associated with Polycystic ovarian syndrome. The review article on sepsis and septic shock will be of interest to the large population of clinicians, teachers and students.

Zika virus disease has been gradually taking centre stage, though the disease has been prevalent since the 1960s. The classroom article is a timely reminder to all clinicians to this emerging wide-spread disease, at a time when cases are being reported in India.

The journal rounds off with informative articles from the speciality of Otorhinolaryngology and case reports.

1) Bentall H, De Bono A. A technique for complete replacement of the ascending aorta. Thorax. 1968;23(4):338-9

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