

## Editorial

Vanakkam.

This issue of the journal carries an original article, several interesting review articles and a case report, besides the usual columns.

An original article reports on the prevalence of medical disorders in a dental population; some patients presented with the medical disorder and in others, the disorder was picked up at a routine dental examination thereby indicating that even the unspoken mouth often tells about the underlying medical condition.

Traumatic brain injury is increasing worldwide more so in India, road traffic accidents being the major cause. Unruly traffic, poorly maintained roads, unregulated drivers, drunken driving, negligent riding and an absolute disregard for the law, all contribute in no small measure to this avoidable epidemic. A review article outlines the intensive care management of traumatic brain injury.

Food is the primary source of nourishment to all human beings. Food both in excess and in the deficient state can cause disease; Thiruvalluvar has very well stressed the importance of food in the famous couplet –

**திருக்குறள் 942**

மருந்தென வேண்டாவாம் யாக்கைக் கருந்திய  
தற்றது போற்றி உணின்

**Couplet 942**

No need of medicine to heal your body's pain,  
If, what you ate before digested well, you eat again

**Explanation**

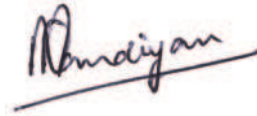
No medicine is necessary for him who eats after assuring (himself) that what he has (already) eaten has been digested.

Neutraceuticals is a 68 billion dollar industry. However, the role of such nutritional supplements – nutraceuticals and antioxidants in health and disease is not so clear.

An invited article on 'Antioxidants in health and disease' reviews the different trials in different disease conditions and gives a candid view of the role of antioxidants. Neutraceuticals claim to enhance male fertility. Nutraceuticals are primarily antioxidants given to men with infertility based on the assumption that reactive oxygen species found in the semen sample of these men are detrimental. A review article discusses the role of Neutraceuticals in male infertility.

A Medical update emphasizes the beneficial role of walking in the prevention of fractures and another one highlights the situation where informed consent may not be required. A case report where a three-dimensional augmentation of a deficient alveolar ridge is proposed as a treatment is an interesting read.

Pages of history outline the life and time of Harvey Cushing. Interesting informative medical updates complete the issue and volume. Hope you enjoy going through this issue. Please do give us your valuable feedback.



**Dr. N. Pandiyan**

Chief Editor : Chettinad Health City Medical Journal

E-mail : [pandiyan@yahoo.com](mailto:pandiyan@yahoo.com)

