

Editorial

Vanakkam. The current issue of the journal features Prof Venkataswami, the pioneer of hand surgery in India in the section- 'Dialogue with a stalwart.'

This issue of the journal carries several interesting articles. The perspective article on Evolution and Medicine, gives a new insight to many of the commonly observed events in clinical practice. It helps us understand the concept of 'Beneficial dirt.'

An original article describes the predictors of adverse outcome in asphyxiated and ventilated late preterm and term newborns. Another original article describes a novel tool for sex determination by Cheiloscopy and Palatoscopy.

The pandemic of Diabetes is addressed in a special section. Life style is the major contributor for the increasing incidence of Diabetes. Diabetes affects all walks of life and all the organs and systems in the body. This section was coordinated and edited by Dr R. Bharath, Consultant Endocrinologist.

Diabetes mellitus has become one of the most common non-communicable diseases worldwide. Its exponentially growing incidence, chronicity, predilection to affect the major organs in the body and the enormous health care expenditure involved have altogether made diabetes a "pandemic". The shift from the era of food scarcity to food sufficiency in most of the developing countries including India, "Westernized" food habits, sedentary lifestyle and increasing psycho-social stress contribute to the emergence of obesity which ultimately leads to diseases like diabetes mellitus, hypertension, dyslipidemia and cardio vascular diseases. In the last few decades, major path breaking research has been done in diabetes mellitus. These efforts focused mainly on understanding the complex patho-physiological mechanisms of the onset and progression of diabetes and translating the results to patient care. Consequently, the therapeutic armamentarium of diabetes mellitus has expanded to include newer drugs which target certain "unmet needs" in diabetes management. Insulin itself has undergone various modifications to make it more flexible with more physiological action profiles and reduced risks of hypoglycemia. Management of diabetes in special situations like in children & adolescents, pregnancy, patients with cardiovascular disease and critically ill patients needs a pragmatic approach. The war against diabetes can be won only with the help of a team approach involving the patient, his or her care givers, medical professionals and the community. Creating knowledge and awareness among the medical practitioners and general public is the corner stone of success of any Diabetes care team.

A case report describes synchronous presentation of sporadic angiomyolipoma and renal cell carcinoma. Another case report describes Peripheral Giant Cell Granuloma of the gingival tissue.

The pages of history take us to France to witness the development of Rabies vaccination. The Medical update column describes the role of the 'good bad and the ugly' cholesterol, besides several other useful information.

The journal completes one year with this issue. The journal became a reality due to the great support we received from the management and the administration and the unstinted support from the authors, peer reviewers and the readers. The core committee and the editorial board of the journal places on record it's gratitude to all those who made this possible.

The journal has touched upon several important areas of medical practice in the last one year. We had a good mixture of medical, surgical, gynaecological and dental articles. We hope you will enjoy going through this issue of the journal. Do give us your valuable feed back.



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